

## Discover an Anglesey Beach for Sunbathing and Water Sports

A question often asked by visitors is which Anglesey beach would a local person recommend to make their stay on the island one to remember. There are in fact many outstanding beaches on this island in the Irish Sea off North Wales, boasting over 125 miles of exquisite coastline. And significantly many of them regularly win European Blue Flag and Resort Seaside Awards as well as Green Coast Beaches for water quality.

Often the most difficult to reach beaches turn out to be those most special to the visitor as the challenge of reaching the destination is part of the overall excitement. Llanddona beach is on the east side of the island, and is at the bottom of a steep, winding, narrow lane. A magnificent sweeping sandy bay which arcs northwards towards Benllech, the visitor descends among terraces of lush green vegetation. This location also carries the legend of Llanddona witches and recently a large haul of silver coins was discovered on the beach by some amateur beachcombers.

On the south east side, if you take a walk through a fascinating forest of conifers at Newborough, where red squirrels still survive, you will approach magical Llanddwyn. As you leave the cover of the forest and reach the beach, the vast coastal panorama is awesome, whether it is a bright summer day or a blustery winter day. On one side of this beach and on a rocky outcrop you will find a character white lighthouse above the ruins of a church, where Demi Moore filmed scenes from her romantic thriller, *Half Light*.

One feature on an island beach are the bright orange life rings placed at certain points to help in an emergency when someone may be in difficulty at sea. It is important that these life rings are not tampered with and please tell the local authority if you notice any damage. After all, in 2008, thirty eight people who got into difficulty off the coast lost their lives.

Church Bay, on the west coast, is a fascinating Anglesey beach as it is surrounded by high cliffs which carry the designated coastal path. The road to the beach is narrow lined with wild flowers and trees and nearby there is the Lobster Pot restaurant specialising in sea food. You can often see kayaks near this bay as they prepare to leave for the Skerries Rock lighthouse offshore.

Holy Island is a smaller island in the south west, reached by two causeways, where you will discover two Blue Flag beaches at Trearddur Bay and Porth Dafarch. There is an interesting Celtic cross at Trearddur laid to commemorate the Millennium. If you are taking dogs remember that these two beaches have a dog free zone, which operates from May to September.

Some top tips for you to maximise your Anglesey beach experience include avoiding going for a swim after a large meal and going out to sea in a large inflatable dinghy, especially if its windy and blowing offshore. Ask a beach warden if you need any advice about anything you are unsure of, and make sure you have enough fluids to prevent dehydration in very hot weather. You will be advised by the Local Authority not to leave pets in parked cars in hot weather.

Some folks look forward to leisurely walks along the coastal path, and watching beautiful sunsets, while others are keen to test their skills in various adventure sports like sailing, diving, coasteering, surfing and kayaking. For everyone, however, it is likely that you will always treasure something special about your time on an Anglesey beach.

### About the Author

The author, David Phillips, manages a website covering [Anglesey Wales](#), a notably beautiful island off North Wales in the UK. Find out more about the perfect [Anglesey Beach](#) for your holiday here.

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